

**NORTH BAY PARRY SOUND DISTRICT HEALTH UNIT  
BOARD OF HEALTH**

**RESOLUTION**

<b>DATE:</b>	<u>October 28, 2009</u>	<b>MOVED BY:</b>	<u>Cam Hunter</u>
<b>RESOLUTION #</b>	<u>BOH/2009/10/02</u>	<b>SECONDED BY:</b>	<u>Bill Russell</u>

*Whereas, It is accepted that one of the key determinants of health that affects the health of a community is sufficient income,*

*Whereas, A nutritious diet is a basic requirement for health and well-being,*

*Whereas, The most significant barrier to a nutritious diet is inadequate income,*

*Whereas, Households on social assistance or minimum wage cannot afford a nutritious diet after paying housing and other fixed costs,*

*Whereas, Poor nutrition leads to an increased risk for chronic and infectious diseases, which cost more to treat and manage than to prevent,*

*Whereas, Ensuring people have enough funds to purchase an adequate and nutritious diet is an effective disease prevention strategy<sup>1</sup>,*

*Whereas, Local data indicates more residents in the Health Unit service area experience lower incomes than the average in Ontario and Canada,*

***Therefore Be It Resolved, That the Board of Health for the North Bay Parry Sound District Health Unit write a letter to the Premier of Ontario requesting:***

- i) the introduction of a \$100 Healthy Food Supplement for all Ontarians living on social assistance, funded solely by the Province of Ontario*
- ii) the implementation of Ontario Works and Ontario Disability Support Program rates that reflect the real cost of living and are indexed annually to reflect inflation, including the findings of yearly Nutritious Food Basket surveys conducted by local Boards of Health based on protocol established by the Ontario Ministry of Health and Long-Term Care*
- iii) the establishment of an independent committee including low-income people, policy experts and advocates to develop rational and just criteria for determining Ontario Works (OW) and Ontario Disability Support Program (ODSP) rates; and*

***Furthermore Be It Resolved, That the Board of Health endorse the Put Food in the Budget/Do the Math campaign that promotes the introduction of a \$100 Healthy Food Supplement, and***

*Furthermore Be It Resolved, That copies of the resolution be forwarded to the Association of Local Public Health Agencies, Ontario Ministers of Health Promotion, Health and Long-Term Care, Community and Social Services, Children and Youth Services, MP's and MPP's representing our service area, and to Ontario Boards of Health, Member Municipalities, the Association of Municipalities of Ontario, the District of Nipissing Social Services Administration Board, and the Parry Sound District Social Services Administration Board, for their information and possible support.*

CARRIED: \_\_\_\_\_ ✓

DEFEATED: \_\_\_\_\_

AS AMENDED: \_\_\_\_\_

CHAIRPERSON: \_\_\_\_\_

*Original Signed by  
Mac Bain*

**CONFLICT OF INTEREST DECLARED AND SEAT(S) VACATED:**

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**RECORDED VOTE:**

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Against:  
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<sup>1</sup> OPHA Resolution: #5 Access to a Nutritious Diet for All, 2007 ([http://www.opha.on.ca/ppres/2007-05\\_res.pdf](http://www.opha.on.ca/ppres/2007-05_res.pdf))